

Shri Sharda Bhavan Education Society's
INSTITUTE OF TECHNOLOGY & MANAGEMENT

VIP Road, Nanded-431 602(M.S.), INDIA
www.ssbесitm.org E-mail ssbesitm@yahoo.com (Ph.02462-254850, 253471)
Accredited by NAAC, Grade 'B' with 2.49 CGPA

Report
of a
"DENTAL & SHUGER CHECKUP CAMP"

Date of Event: July 24, 2024

TIME: 10 am to 1 pm

Location: VIP HALL, SSBES'S ITM COLLAGE, NANDED

**CONDUCTED BY: Dr. Krushna Indurakar, Indurakar Hospital ,Taroda naka.
&**

Dr, Manasi indurkar , indurkar hospital, taroda naka, nanded.

Report - Prepared by: Prof. M.A. ATTAL


Go-ordinator
IQAC
Shri Sharda Bhavan Education Society's
Institute of Technology and Management
Nanded


Director
Shri Sharda Bhavan Education Society's
Institute of Technology and Management,
NANDED

1. Introduction

The Dental and Sugar Check-up Camp was organized on July 24, 2024, at the college campus to raise awareness about dental hygiene and the importance of monitoring blood sugar levels. This initiative aimed at promoting health and well-being among students and faculty members, helping them detect early signs of dental issues and potential risks related to diabetes.

Objectives of the Camp

The main objectives of the camp were:

- To offer free dental checkups and consultations to the students, staff, and faculty.
- To provide blood sugar screening for early detection of diabetes.
- To educate attendees on preventive measures, oral hygiene, and managing sugar levels.
- To encourage healthy lifestyle choices and habits among the college community.

Camp Setup and Organization

The camp was set up in society hall of the collage, with separate sections for dental checkups and blood sugar testing. The setup was designed to accommodate a large number of students, faculty, and staff efficiently.

- **Dental Checkup Section:** Equipped with basic dental tools, portable chairs, and expert dental professionals.
- **Blood Sugar Testing Section:** Provided by trained medical staff with glucose meters for accurate and quick screening.

Both sections were staffed by professionals, including dentists, nurses, and health advisors.

Services Provided

- **Dental Checkups:** The dental checkup included an initial screening for dental problems like cavities, gum disease, tooth sensitivity, and alignment issues. Patients were given advice on daily dental care and proper brushing techniques.
- **Blood Sugar Testing:** Free blood sugar screening was provided, with immediate results. Attendees were informed whether their blood sugar levels were normal, pre-diabetic, or high, with further guidance on lifestyle changes, diet, and when to seek medical attention.

Attendance and Participation

The camp witnessed a strong turnout, individuals taking part in the checkups:

- **Dental Checkups:** [Number of dental checkups conducted].
- **Blood Sugar Screenings:** [Number of sugar tests conducted].

Participants included students, faculty members, and staff, with a diverse age group ranging from [youngest age] to [oldest age].

Results and Observations

- **Dental Health:**
 - A significant percentage of individuals (approximately 40%) were found to have minor to moderate dental issues, such as cavities and gum inflammation.
 - 30% of participants were given referrals for further dental care or follow-up treatment.
- **Blood Sugar Levels:**
 - 60% of individuals had normal sugar levels.

15% were found to be pre-diabetic, and 10% had high blood sugar levels, with immediate recommendations for lifestyle and dietary changes.

These screenings highlighted the importance of regular health monitoring, especially for those at risk of diabetes.

Feedback from Participants

Participants expressed their gratitude for the camp, with many appreciating the free services and the educational materials provided. Some of the feedback included:

- **Positive comments on the professionalism of the health experts.**
- **Appreciation for the smooth organization and time management of the event.**
- **Request for future health checkup camps with a focus on other areas, like eye tests and general wellness checkups.**

Conclusion

The Dental and Sugar Checkup Camp was a successful initiative that served the college community by offering free health checkups and raising awareness about the importance of dental care and managing sugar levels. The event not only provided vital health services but also educated the participants on how to take proactive measures to maintain good health.

We hope to continue such initiatives in the future to foster a healthier campus environment.

9. Acknowledgements

We would like to extend our sincere gratitude to the organizing committee, the dental and medical professionals who volunteered their time, and the sponsoring organizations for making this camp possible. Special thanks to the college administration for their support and cooperation.

Some clicks :



Staff members taking advantage of the camp



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Students checking they are diabetic.

